

# STARK COUNTY BICYCLE CLUB

RIDE MAPS ARE AVAILABLE AT [BIKESCBC.COM](http://BIKESCBC.COM)

START:		MAP NO:	<b>HELMETS ARE REQUIRED ON ALL CLUB RIDES</b>
DISTANCE:	DATE:	TIME:	
LEADER:		PHONE:	

## STARK COUNTY BICYCLE CLUB WAIVER - PLEASE READ AND SIGN IF YOU WILL BE RIDING

By signing this waiver form, I understand that I, for myself, my family, and my heirs (and my children under age 18 who are participating) release and forever discharge the Stark County Bicycle Club, it's trustees, officers, ride leaders, members and agents from any and all claims and responsibilities relating to any accident, bodily injury, or damage to me or my property while participating in this event. I hereby consent to emergency treatment in the event of injury and illness, and I will abide by all traffic laws and regulations and practice courtesy and safety in cycling.

**RIDERS UNDER THE AGE OF 18 MUST BE ACCOMPANIED BY PARENT OR ADULT GUARDIAN**

	NAME (PRINT PLEASE)	SIGNATURE	EMERGENCY PHONE (WHO SHOULD BE NOTIFIED?)	UNDER AGE 18	SCBC MEMBER	
					YES	NO
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## **RIDE LEADER'S GUIDELINES**

1. Check the map before ride day for legibility and clarity of instructions.
2. Plan to arrive at the starting location at least 15 minutes before the start of the ride.
3. Be sure that everyone signs the Waiver form LEGIBLY! Riders under 18 years of age must be accompanied by a parent or adult guardian, who must sign the Waiver on behalf of the minor rider.
4. Be observant. For safety and comfort, all riders must wear a helmet and should carry at least a water bottle and tire changing essentials.
5. At the designated start time, have a short riders' meeting. Announce any changes or alternative route, and food and rest stops, if any. Introduce any new riders. Count the total number of riders. Ask if anyone is planning to cut the ride short and request that they report their actual mileage to you. Encourage riders to use verbal warnings on the road ("car up", "car back", "rough edge", "gravel", "road kill", "slowing", "hole", "tracks", etc.) to alert fellow riders of traffic and road hazards.
6. Leave a pen and the sign-up sheet on the windshield of a car so that late arrivals will be able to follow the route. A large Ziplock bag works well for this, so that weather conditions do not damage the sign-up sheet.
7. As ride leader, you may refuse any rider from participating if the safety of the individual or the group is questionable due to the person's equipment, physical condition, or impaired capacity due to drugs, alcohol, or otherwise.
8. Account for all riders at the conclusion of the ride, if possible.
9. As soon as possible after the ride, check the sign-up sheet for legibility of names and send it to the Statistician.
10. Please report any inaccuracies in the map or cue to the Cartographer/Map Librarian or to the Road Captain.
11. Please report any problems with the route such as dangerous traffic conditions or road closures.

## **RIDE SAFELY!**